

**MINUTES
DISTRICT V
AGING & NUTRITION SERVICES ADVISORY COUNCIL
APRIL 21, 2009
PAROWAN, UT**

MEMBERS IN ATTENDANCE

Mary Schaidt
Sharon Griffiths
Millie VonRitchie
Norma Foster
Clem Griffin
Joyce Griffin
Wynonna Henderson
Doug Maxwell
Vern Kupfer
Arlen Grimshaw, Chair
Mary Stevens
Joyce Ross
Julie Taylor
Tamara Atkinson

REPRESENTING

Beaver County Advisory
Beaver County Advisory
Beaver County Advisory
Beaver County Advisory
Garfield County Advisory
Garfield County Advisory
Garfield County Advisory
Iron County Advisory
Iron County Advisory
Iron County Advisory
Kane County Advisory
Kane County Advisory
Kane County Advisory
Washington County Advisory

MEMBERS NOT IN ATTENDANCE

Betty Cooper
Cathy Woodard
Hazel Jean Robinson, Excused
Lee Chamberlain
Mina Juber
Kaye Reese
Gayle Rohde
Marge Chitwood

Garfield County Advisory
Garfield County Advisory
Iron County Advisory
Kane County Advisory
Kane County Advisory
Washington County Advisory
Washington County Advisory
Washington County Advisory

OTHERS IN ATTENDANCE

Carma Sly
Jim Sly
Janice Wiseman
Pamela McMullin
Donna Chynoweth
Connie Lloyd
Fayann Christensen
Wallace Gibson
Christine Holliday
Beth Cottam
Carolyn Moss

Beaver County
Beaver County
Beaver County
Beaver County Coordinator
Garfield County Coordinator
Iron County Coordinator
Kane County Coordinator
Kane County - Orderville Center
Washington County Coordinator
Five County Association of Governments
Five County Association of Governments

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DISTRICT V
AGING & NUTRITION SERVICES ADVISORY COUNCIL
APRIL 21, 2009
PAROWAN, UTAH**

I. WELCOME AND INTRODUCTION

Mr. Arlen Grimshaw, Chair, conducted the meeting and welcomed those in attendance.

II. MINUTES OCTOBER 28, 2009

Mr. Arlen Grimshaw requested a motion to accept the minutes of October 28, 2009.

The scheduled meeting for January was cancelled due to snow storm.

**MOTION WAS MADE BY MS. NORMA FOSTER TO APPROVE THE MINUTES OF
OCTOBER 28, 2008. MOTION SECONDED BY MR. DOUG MAXWELL. MOTION
CARRIED UNANIMOUSLY.**

III. FUNDING REPORT

- **Utah Legislature**

Funding information was distributed to Council. The base budget cuts for FY 2009 and FY 2010 have been "backfilled". There will be cuts in funding, however, FY 2011 is the one that causes concerns about funding.

- **Stimulus Package Funding**

Federal Stimulus money will be received for Senior meals, equipment. Ms. Beth Cottam requested Coordinators to look at purchases that could be made for their centers that may not be able to be provided under ongoing funding. No additional meal delivery days will be added.

- **In-Home Alternatives Program**

Ms. Carolyn Moss reported that the Alternatives Program will be receiving additional

funding from the state for FY 2010. This program provides in-home services; such as housekeeping, to seniors, 60+, that meet eligibility requirements. She asked Council Members to encourage those in their communities to contact her.

IV. LOCAL AGING SERVICE SUGGESTED DONATIONS

The established suggested donation, approved by the Council, for meals is \$2.50 for those 60+ and their spouses, and \$6.50 for those under 60. The Council was reminded that donations are also accepted for transportation and other services provided at the centers.

V. LOCAL PROGRAM SHARING

Ms. Beth Cottam requested that Coordinators “brag” about the accomplishment and good things in their area. This information will be included in the AAA Plan Review.

Connie Lloyd - Iron County

- Biggest accomplishment is the new Parowan Senior Center.
- The Centers are being kept open to provide opportunities for socialization for seniors to learn new skills, and receive valuable information from community resources such as the Red Rock Center for Independence, AARP, Legal Services, Fire Department, Health Department, etc.
- Emergency Preparedness classes held; trying to establish a Neighborhood Watch. Seniors are a good resource for this community service as they are home most of the time.

Fayann Christensen - Kane County

- Both centers have big screen television sets and Wii Systems that the seniors are really enjoying.
- Increase in meals provided; both home-delivered and congregate.
- Adding new activities to attract “younger” seniors to utilize centers.

- Centers are open in the evenings for community clubs.
- New fire station in Orderville will be completed soon. This will allow expansion of the Long Valley Center.

Christine Holliday - Washington County

- Springdale meal site is open 2 times a week; great participation from seniors in that area.
- Hurricane has a new cook doing a great job. They held their annual Western Day and Dinner fund raiser; great success. Seniors enjoy the Wii.
- Enterprise is struggling to keep numbers up. They have scheduled a Mother's Day Brunch and the annual Corn Fest as their fund raisers. They also have a Wii. Enterprise has a new 20 seat passenger bus for trips to St. George.
- St. George has a great thrift store, used as fund raiser for center. Annual Christmas Boutique fund raiser is always a great success.
- Washington County Board have contributed water softeners to centers. The Board is a great support to the Centers.
- Numbers are down a little. "Snow birds" are returning to their homes. However, there are many activities available to local seniors at all centers.
- Caregiver Support group held at the St. George Center two times a week offers respite to caregivers. The group is sponsored by the Alzheimer's Association and is very well attended.

Donna Chynoweth - Garfield County

- In December, received 2 new ADA buses. One of the buses is assigned to the Care Center to provide transportation to appointments, etc.
- New Panguitch facility is nearly completed. Landscaping just completed; waiting for the parking lot to be paved before the grand opening.
- New activities director in Escalante. She is very enthusiastic and is planning new and

exciting activities for seniors at that center.

- Seniors at the Henrieville Center have been busy making and selling quilts as fund raiser. They have requested a new television set; their's is about 30 years old.
- Goals for the upcoming year: purchases new Wii systems for centers, and increase participation.
- Boulder does not have a "formal" center; however, evening dinners are held 2 times a month with 28-35 attending.

Pam McMillan - Beaver County

- New director at the Milford Center.
- Seniors have been able to visit new businesses in the area; the Copper mine, wind farms and geothermal plant.
- Local judge has been assigning community service hours to assist at the senior centers. They are used to complete odds and ends, and have been a great asset to the centers.
- Trying to get "not quite old enough to be" seniors participating in activities at the centers.
- Senior Blood Drive and annual Health Fair, April 23, 2009, being held in Beaver.

VI. BYLAWS

Advisory Council bylaws were distributed for review.

MOTION WAS MADE BY MS. JOYCE ROSS TO STUDY AND REVIEW THE BYLAWS AND ADOPT AT NEXT MEETING. MOTION SECONDED BY MR. VERN KUPFER. MOTION CARRIED UNANIMOUSLY.

VII. NUTRITIONAL/MEALS INFORMATION

This item was discussed with Item 3.

VIII. POWER POINT PLANNING PARTICIPATION

The ten year plan for senior services was presented to Council Member using an interactive presentation by Ms. Beth Cottam. Members were able to vote on issues and topics to be included in report to the State.

IX. FORMAL 2009 FIVE COUNTY AAA PLAN REVIEW

Ms. Beth Cottam distributed information regarding the AAA Plan. Goals, accomplishments during the past year. It was requested that two (2) items be added; (1) the addition of two new Meals on Wheels trucks for FY 2010, and (2) recognition of drivers who act as eyes and ears for the seniors receiving home delivered meals. These drivers provide wellness checks, help with simple household tasks, and are, in many instances, the only contact home-bound seniors have.

MOTION WAS MADE BY MS. SHARON GRIFFINS TO ACCEPT THE THIRD YEAR REVIEW PLAN OF THE 4-YEAR PLAN WITH ADDED COMMENTS. MOTION SECONDED BY MS. MARCH SCHAIDT. MOTION CARRIED UNANIMOUSLY.

X. OTHER BUSINESS

- Next meeting to be held on Tuesday, July 28, 2009 at the Panguitch Center.
- Mr. Nate Sutherland, from Channel 9 in Salt Lake City, is available to provide training and information about the new television converter that will be required in June. Coordinators can contact him at (801) 581-4194 regarding this training.

XI. ADJOURN

Meeting was adjourned at 3:00 p.m.